

INFINITE BOUNDS – COMPETITIVE CHEER

WELCOME and thank you for your interest in our competitive cheerleading program! Infinite Bounds is proud to be celebrating its 18th year serving Plano, Allen, Frisco & McKinney and would love for you to join us in developing our new All-Star Cheerleading program. We have created the following packet to answer any questions you may have regarding our new program. Thank you again for being a part of a new tradition that will teach your children how to be the best cheerleaders they can be in a positive, fun and safe environment.

How do I tryout?

A **free** pre-tryout clinic will be held on Saturday, October 2, 2010 from 10:00a.m. to 12:00p.m. The staff will teach a very basic two eight-count dance to music. The dance will be performed at tryouts, and it will show the athlete's ability to move to music, sharpness in motion, technique, timing, and showmanship. For those who are shy, do not worry! Infinite Bounds tryouts will consist of three participants at a time and will be closed for any viewing so no one feels nervous! Infinite Bounds is also accepting private tryouts for those who have a conflict the day of tryouts... just ask the front desk for details.



Privates:

Infinite Bounds will also set up privates for those who would like some help on their jumps, dance or cheer.

A clinic will be offered Saturday, October 2 from 1:00p.m. to 2:00p.m. This additional clinic will correct motion and jump technique will be taught. The cost of this clinic is \$10.00.

Tryouts, October 9th!

Tryouts will be held on October 9, 2010 for girls and boys ages 6 to 15 years old from 9:00a.m. - 1:00p.m. Contact the front desk to reserve your athlete's tryout time. The staff will be judging the athletes' jumps, standing and running tumbling, and dance... so practice what you learn on October 2nd!

What do I wear for tryouts?

Athletes need to wear black shorts, black t-shirt or black sports bra, tennis shoes and hair must be pulled back. Boy's need to wear black shorts, black t-shirt with tennis shoes.

Skill Requirements:

Level 1	Level 2 (spot if needed)	Level 3 (spot if needed)	Level 4 (spot if needed)	Level 5
<ul style="list-style-type: none"> • Forward Roll • Handstand • Cartwheel • Round off 	<ul style="list-style-type: none"> • Back Handspring (BHS) • Round-off BHS • BHS Series 	<ul style="list-style-type: none"> • Toe Touch BHS • RO back tuck • RO flip flop back • Standing BHS series 	<ul style="list-style-type: none"> • Standing back • Standing BHS back • TT, BHS, back tuck • RO flip flop layouts • Standing 2-layout • Standing alternate • Standing twisting skills 	<ul style="list-style-type: none"> • RO BHS Full twist • Toe Touch Back • Punch Front • Triple toe back • Pike Jump Front • Twisting passes

The staff would like to see the athletes perform skills on their own but would love to see it all! If you need a spot or you would like to show your skills on a trampoline, please ask!

After tryouts, the staff will meet to make the team(s) for the upcoming season.

Once decisions have been reached, the staff will contact each individual athlete or parent to inform them the results. No pressure...everyone is going to make it!

Infinite Bounds Cheer Staff:

Head Coach - Cherie Hawk

- 15 years experience coaching cheerleading, gymnastics and power tumbling
- Former Cheer Athletics Cheerleader (1995-2004)
- Former Vines and Plano Senior High School Cheerleader (1997-2001)
- Former University of North Texas Cheerleader (2001-2003)
- Recipient of many awards including:
 - Full tuition scholarship to Cheer Athletics for 10 years
 - 6-time All-American Cheerleader
 - 25 NCA, ACA, and UCA National Championship Titles
 - NCA Squad of the Year (Panthers at Cheer Athletics) 2001
 - Nationally ranked in Partner Stunting, Jumps, Tumbling, and Dance
- Choreographed numerous national championship routines for high school and all-star cheerleading squads
 - Innovative Choreography Award (2003)

Assistant Coach - Brittney Segars

- Active in cheerleading, tumbling, and dancing for 15 years
- NCA instructor 2004
- Jr. Dallas Cowboy Cheerleader Show Team (1991-1994)
- Cheer Athletics Cheerleader (1995-2003)
 - Received the Matt McGrath Award – given to the graduating athlete in the program showing exceptional talent and performance ability
 - Inducted into the “Hall of Fame” at Cheer Athletics in 2004
 - NCA Squad of the Year (Panthers at Cheer Athletics) 2001
- Rowlett High School Cheerleader (1999-2000)
- Hawaii Pacific University Cheerleader (2003-2005)
 - Cheer Captain at Hawaii Pacific University (2004-2005)
- 25 National Championship titles across the nation including NCA, UCA and ACA (1995 - 2005)
- Won best stunt group in the nation in 2003 at NCA nationals
- Earned a four-year full tuition scholarship to Hawaii Pacific University for cheerleading in 2003
- Collegiate, All-Star, and High School All-American Cheerleader

Assistant Coach – Leah Peters

Currently a member of the Liberty High School Cheerleading Squad and Co-Captain.